

Real Life Communications

Secondary Discussion Guide

When people say or do things to us that really hurt what are our choices?

- To believe them
- To not believe them

Where do these kinds of things happen?

- With your friends
- At school
- At Home

When we believe a “lie” about ourselves what does that affect?

- Our choices and how we see ourselves
- Our lives and our dreams

Who or what can stop you from reaching your dreams or goals in life?

- You, by what you believe about yourself and your limitations

How can having good character help you in reaching your dreams?

- By helping you to make good choices
- Applying character traits will help to form good disciplines: Respect, Responsibility, Caring, Trustworthiness etc...

Do you think it is possible to make good choices and reach your dreams?

- If not then what hope do you have?
- If so then what are you going to do to help ensure you stay on track and make those choices?

The program stated that drugs, alcohol and the whole “party” lifestyle don’t lead you to your dreams, success or destiny. Agree or Disagree?

- Disagree: How does it lead you to your dreams, success and destiny?
- Agree: What are you doing to stay away from these things?
- What are some choices you can make to help ensure your success?

The program stated that everyone has the potential to reach their dreams.

- What do you have to do in order to reach your dreams?
- What choices can interfere with you reaching your dreams?
- How are you going to keep these things from interfering with your dreams?